

Questions for Sounds Like Crazy

1. Do you think Holly is a likable character and do you have sympathy for her condition?
2. Why is Betty Jane in control of the Committee?
3. Siblings often play pivotal roles in our lives. Sarah is one such sibling. Discuss whether she is Sarah helping or hindering Holly in quest to live a normal life?
4. Holly frequently finds herself in difficult positions and/or predicaments. Do you think Holly is a victim or does she create the problems she finds herself facing?
5. Why is Holly's relationship with her mother so significant?
6. Do you agree with Milton's approach to treating Holly? If so why and if not, why not?
7. Why is forgiveness such an important element of the story?
8. Holly and Peter have a dysfunctional relationship and yet they stay together for several years. Why do they stay together and have you ever stayed in a dysfunctional relationship; or, have you had to watch someone close to you stay in a dysfunctional relationship?
9. Who is your favorite character in Sounds Like Crazy and what is it about him or her that makes you like them/relate to them?
10. Some of the characters in Sounds Like Crazy are not very likeable. Who is your least favorite character and why?
11. Everyone has a token or memento that represents something important. The sunflower pin is one of those items in Sounds Like Crazy. What other tokens or mementos are important in the book and do you have any token or memento that is important to you?
12. Sounds Like Crazy is a book about healing. Discuss how Holly and the other characters have gone through the healing process and if you can relate this to any events in your life that initiated a healing process.